



## INDULGE IN SPA THERAPIES FOCUSED ON WELLNESS, REJUVENATION & ANTI-AGING

### FAR-INFRARED BIOMAT

30 minute session of rest, relaxation, and recovery. A state of the art, FDA approved medical device using Far Infrared light and negative ion therapy for anti-aging and pain relief.

30 MINUTES **\$20**

MULTI-SESSION PUNCH CARD FOR 3 OR 6 VISITS | **\$45 / \$75**

*BioMats can be purchased for in-home use. Various sizes are available.*

## FACIALS

### LOTUS SIGNATURE FACIAL

Our Non-Surgical Facelift system utilizes state of the art technology with ultrasonic waves devices for beautiful skin. This treatment reduces lines, age spots, tones, and stimulates the skin while it also gently cleanses, exfoliates, and infuses for perfect looking skin. Experience the effectiveness of a natural face lift to reveal smoother, brighter, lustrous skin gently and naturally. Our most popular facial treatment!

30 MINUTES **\$60** | 60 MINUTES **\$105**

### BLEMISH BANISHING FACIAL

Soothe irritated, acne-prone, or oily skin using all natural ingredients derived from fruits and plants to heal and support skin renewal. Includes Dead Sea Mud Mask.

STUDENTS 60 MINUTES **\$65** | 60 MINUTES **\$75** | 90 MINUTES **\$115**

### THERAPEUTIC FACIAL PEEL

Enjoy our therapeutic facial with a Salicylic, Glycolic, or Lactic peel specially formulated for your skin type. Brightens and resurfaces the skin. Great for treating acne, visible pores, fine lines, scars and hyper-pigmentation.

60 MINUTES **\$110**

### ULTIMATE HYDRATING FACIAL

The Skin Perfecter by Le Mieux® coalesces with our organic skin care products to stimulate cellular functions. Includes our Marine Collagen Eye Mask to decrease dark circles. A collagen face mask is added for your specific skin needs for the final touch.

75 MINUTES **\$130**

### SIGNAL PRO® AGE-DEFYING FACIAL

Tighten skin and get rid of unwanted scars, fine lines and wrinkles with a natural face lift. Using a silk amino complex of proteins with vitamins and minerals, this treatment boosts collagen and elastin production and enhances tissue growth.

90 MINUTES **\$175**

### STARFISH COLLAGEN LIGHT THERAPY FACIAL

This treatment includes the application of Penellagen, the world's first ingredient that reaches the dermis layer of the skin with collagen peptides extracted from starfish with amazing regenerating qualities. Includes Light Therapy, and a Microcurrent Mask with natural ingredients stimulating ATP inter-cellular facial firming while promoting elastin and collagen production.

75 MINUTES **\$225**

### REGENERATE® COLLAGEN INDUCTION FACIAL

This treatment combines innovative nano technology with high quality products to deliver the best facial results using the Rezenerate pen. This micro needling alternative brightens, smooths and strengthens skin for the ultimate anti-aging facial experience. Includes an aqua collagen mask.

75 MINUTES **\$155**

## ENHANCE YOUR FACIAL

ADD THE ITEMS BELOW FOR A PERSONALIZED EXPERIENCE

### LIGHT THERAPY ADD-ON

20 MINUTES **\$50**

Elevate your skincare experience with Advanced LED Technology.

### MARINE COLLAGEN MASK

**\$22**

Blended with elastin, collagen, vitamins, acids, and extracts to restore the skin's natural moisture and gives firmness to the delicate muscles around the eye area. It helps to suppress fine lines, dark circles, and puffiness.

### REVITALIZING EYE TREATMENT

**\$12**

Diminish fine lines, dark circles and puffiness using a customized, luxuriously rich eye creme along with the Le Mieux ultrasound for a more youthful look.

### EYELASH OR BROW TINTING

EACH **\$22**

Wake up with beautiful lashes and brows everyday! Formulated with natural ingredients for long lasting results.

### LASH LIFT & TINT

**\$80 / \$95**

This semi permanent procedure gives your natural eyelashes a fuller, thicker look, add a tint to enhance stunning appearance.



# Floating Lotus Spa

THERAPEUTIC SPA & HEALTH CENTER

Thornebrook Village | 2441 NW 43rd Street, Suite 3A

[floatinglotusspa.com](http://floatinglotusspa.com)

Monday-Saturday | 10am-7pm **352-378-8125**



## MASSAGE TREATMENTS

ALL OF OUR MESSAGES ARE ENHANCED WITH THE BIOMAT

90 and 120 minute sessions are available upon request

MASSAGE ADD-ONS: CBD Pain relief add-on **\$25** | Aromatherapy **\$6**

### SWEDISH/RELAXATION MASSAGE

Gentle strokes and kneading movements are used to increase circulation and relieve muscle tension in the whole body.

30 MINUTES **\$50** | 60 MINUTES **\$90**

### DEEP TISSUE MASSAGE

Therapeutic techniques work deeply into fascia beneath the surface muscles and connective tissue to release chronic aches and pains.

30 MINUTES **\$55** | 60 MINUTES **\$100**

### SPORTS THERAPY MASSAGE

Warm up muscles, increase blood flow, prevent intense wear and tear, and also stretch and release muscle groups to avoid injury and aid in recovery.

30 MINUTES **\$55** | 60 MINUTES **\$95**

### HOT STONE MASSAGE

Heated Basalt Stones are combined with massage to gently encourage relaxation while releasing muscle tension with the warmth of the stones.

60 MINUTES **\$105**

### HIMALAYAN SALT STONE MASSAGE

Incorporates pink Himalayan salt stones with massage to exfoliate the skin and create deep relief for sore muscles.

60 MINUTES **\$105** | 90 MINUTES **\$130**

### THAI MASSAGE

Come prepared in comfortable clothing to lie on a plush floor mat where your therapist will apply rhythmic compression, acupressure, and stretching to promote energy and blood flow.

75 MINUTES **\$95**

### CUPPING MASSAGE THERAPY

Relieve the body by improving blood flow, stimulating lymphatic drainage, detoxifying, lifting connective tissue and reducing pain and cellulite.

30 MINUTES **\$50** | 60 MINUTES **\$95**

### FOOT REFLEXOLOGY

Foot Reflexology is a deeply relaxing set of techniques, including point-work and massage on areas of the feet related to different parts of the body, used to balance and tone the receiver's entire system.

60 MINUTES **\$85**

### COUPLE'S MASSAGE

Experience any 1 hour or longer massage of your choice with your special person in our beautiful, spacious Sky Loft. Price range varies depending upon time length and modality choices from above. Please inquire.

60 MINUTES OR LONGER **\$190 - \$300**

## INDULGENT ADDITIONS

### AROMATHERAPY

Stimulate your senses with personally tailored therapeutic grade essential oils. Add to any massage treatment.

YOUR CHOICE OF ESSENTIAL OIL **\$6**

### SOLE DELIGHT

A therapeutic and stimulating foot soak and scrub, concluding with a lower leg and foot massage.

PER SESSION **\$45**

### PARAFFIN INFUSIONS

Indulge in our deep-heat paraffin treatments designed to nourish the hands and feet and promote circulation.

Hands or Feet **\$20** | Hands AND Feet **\$40**

## WAXING

Hair removal using gently warmed natural beeswax infused with natural oils. Hard wax and threading is also available. Please ask to see full list of waxing services.

PRICES VARY PER BODY AREA | **\$6 - \$100**

## DETOXIFYING TREATMENTS

### HIMALAYAN SALT GLOW

This treatment will include a 45 minute relaxation massage followed by a 10 minute application of Himalayan Salt combined with other organic ingredients. You will then receive a wrap and relax in the sauna for 20 minutes.

75 MINUTES **\$150**

### PERSONAL SALT GLOW KIT FOR THE SAUNA

Personal jar with Himalayan gentle scrub, shower cap, foot peds, and Himalayan salt stone for self soothing and purification in the sauna.

**\$25**

### FAR INFRARED & HIMALAYAN SALT SAUNA

Experience a Himalayan salt-lined sauna for detox benefits that include muscle relaxation, pain relief, improved cellular health, better circulation, skin purification and weight loss. 30 minutes sessions. Multi-session punch card available.

With spa towels (2) **\$35** | Bring your own towels (2) **\$30**  
PUNCH CARD FOR 3 OR 5 VISITS | With your own towel **\$60 / \$120**

### BIO CLEANSE FOOT BATH

A warm ionized foot bath resulting in the purging of toxins and lactic acids from the body via the feet. Plan on 30 minutes of relaxation while soaking.

30 MINUTE SESSION **\$45**

## ACUPUNCTURE

A system of healing that restores balance and maintains health by the insertion of fine needles on meridian points in a gentle and relaxing way.

INITIAL VISIT **\$95** | FOLLOW UP VISITS 60 MINUTES **\$80**